

Public Lecture

International Guest lecturers from Tampere University in Finland

Infant and child health - a Finnish perspective with global relevance

Please join us for interesting lectures on infant and children presented by our colleagues from Tampere University in Finland.

Date: November 5th 2019

Venue: School of Nursing Science, North-West University, Potchefstroom

Time: 11:00am - 14:00pm

Attendance is free but bookings are essential.

RSVP by 28 October 2019

Book at Welma.lubbe@nwu.ac.za



Programme

Time	Session	Presenter	Topic/activity
11:00-11:20			Opening & premmie collaboration
11:20-12:00	Session 1	Me Anne Mäenpää	Child abuse as described in the Finnish best practice
12:00-12:40	Session 2	Me Heli Makela	Family centered care in a public women and children hospital in Finland
			The parental view on developing a close bond with their infants in a NICU
12:40-13:20			Refreshments and networking
13:20-14:00	Session 3	Me Elina Botha	Happiest Baby
14:00-15:00		Visit facilities	

Anne Mäenpää

Anne Mäenpää (RN, MNSc) is a senior lecturer, in Degree Program in Nursing and Health Care Tampere University of Applied Sciences, Finland.



She has experience from pediatric nursing (emergency room, outpatient clinics, medical ward and intensive care unit). She has been working as a teacher for 15 years using different kind of teaching methods (for example flipped classroom, simulation, problem based learning, drama pedagogics and empowering photography). Her specialties are pediatric nursing, communicative skills teaching and working in projects. Latest and ongoing project is VIVA: Wise choices - Strengthening the sexual and reproductive health of young and young adults.

She has many years of experience developing ICT-based teaching methods in nursing education. Latest innovation is a digital self-study method to be used as a staff training tool in sheltered homes for elderly people. She was also a part of a group developing a digital learning game for nursing students to practice delivering babies.

Contact: anne.maenpaa@tuni.fi

HELI MÄKELÄ

Heli Mäkelä (RM, MNSc) works as a clinical nurse specialist in Satakunta Hospital District, Satasairaala in children, gynecological and maternity units. Previously she has worked several years with pregnant and newly delivered families and gynecological patients. Infertility patients are close to her heart.

EDUCATION

- Professional Teacher Education from 2018 to present day, Tampere University of Applied Sciences
- Master of Nursing Science, MNSc, University of Turku 2017
- Nurse researcher 2002
- Lactation consultant 1998
- Midwife, Satakunta University of Applied Sciences 1997

CONTACT

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Satasairaala
SATAKUNNAN SAIRAANHOITOPIIRI



AREAS OF EXPERTISE

- Develop Evidence based practice (EBP) in midwifery
- Journal Club meetings
- Midwifery, normal pregnancy
- Maternity care, gynecological nursing, infertility care
- Breastfeeding, Baby Friendly Hospital Initiative
- Family Centered Care
- Close Collaboration -training program
- National KanTa Services and structured nursing documentation
- Finnish health- and social services reform in child and family services in Satakunta, Family Centre Model and Development of services at specialised and the most demanding levels

Elina Botha

Elina Botha (MHSc) has worked 8 years as a Senior Lecturer in Midwifery in Tampere University of Applied Sciences (TUAS). Previously she worked as a midwife and IVF-nurse for several years. Her passion is to mend what is broken between parents and babies and bring peace and calm to colicky babies and families. She loves her students and is an excellent lecturer and trainer nationally and internationally.



Education

- Doctoral researcher, from 2016 to present day | University of Tampere, Finland
- Certified Happiest Baby Educator (U.S.) since 2015
- Master's degree in Health Sciences, 2012 | University of Tampere, Finland
- Public Health Nurse, 2002 | Mikkeli University of Applied Sciences, Finland
- Midwife, 2000 | Mikkeli University of Applied Sciences, Finland

Contact

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Areas of Expertise

- Innovative pedagogic solutions, digital learning games, flipped classroom, coaching, fun and blended learning
- Midwifery, Normal pregnancy
- Baby calming, Family education
- Maternity Care, Gynecological Nursing, Public Health
- Supervising clinical trainings in Home Care, Maternity clinics and Hospitals
- Fertility in Health Promotion, Pre Conception Care
- Website content management viva.tamk.fi

TAMK/TUAS

Tampere University of Applied Sciences is characterized by its diversity and multidisciplinary education. TAMK is one of the largest universities of applied sciences (UAS) in Finland.

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