Trauma Counselling: Principles and Practice in South Africa Today

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South Africa has extremely high levels of trauma and violence. This trauma takes place in a variety of contexts, and different responses and interventions are needed in each setting. This accessible and practical book looks at the theories related to trauma counselling and then focuses on appropriate interventions.

It is suitable for counsellors, psychologists, social workers, medical staff, school counsellors and emergency personnel.

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