

Going bananas about RITA'S RECIPE

(Scroll down to see the recipe.)



This is Ria's favourite banana loaf recipe:

- Cream together:
½ cup butter
¾ cup sugar
- Add together:
1 egg
1 teaspoon vanilla
Mix well together
- Add:
1 ½ cup cake flour
1 teaspoon bicarbonate of soda
½ teaspoon salt
Mix well together
Mash three ripe bananas and add to the mixture
Mix well together
- Add:
1 cup of diced nuts
½ cup of raisins
Mix together lightly
Pour mixture into a baking tin
Bake for +/- 1 hour at 160 degrees
(The loaf also freezes well, and can be dried like rusks.)